

28/06/2020

## Cain and Abel



Then the Lord said to Cain, "Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

Genesis 4:6-7

[https://www.youtube.com/watch?time\\_continue=6&v=kog4QkDT4Ho&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=6&v=kog4QkDT4Ho&feature=emb_logo)

Come on and celebrate  
His gift of love, we will celebrate  
The Son of God who loved us  
And gave us life.  
We'll shout Your praise, O King,  
You give us joy nothing else can bring,  
We'll give to You our offering  
In celebration praise.

### Chorus

Come on and celebrate celebrate  
Celebrate and sing;  
Celebrate and sing; to the King.  
Come on and celebrate celebrate  
Celebrate and sing;  
Celebrate and sing; to the King.



Have you ever given a gift to someone who did not like what you had given him or her? How did you feel when they opened your gift and you saw the look of disappointment on his or her face? What kind of look did you have on your face? Was it a happy face? Was it a sad face? Was it an angry face? Other people can often tell how we feel by the look on our faces.

Our Bible story today is about two brothers named Cain and Abel. They were the sons of Adam and Eve. Cain was the older brother and Abel was the younger brother. When they grew up, Cain became a farmer and Abel became a shepherd.

When it was time for the harvest, Cain brought some of his crops as a gift to the Lord. Abel also brought a gift to the Lord—the very best lamb from his flock. The Lord accepted the gift of Abel, but he did not accept the gift of Cain. The Bible doesn't tell us why the Lord did not accept Cain's gift. Perhaps Cain did not give the best that he had. Or maybe his heart was not right with God. But whatever the reason, the Lord did not find Cain's gift acceptable.

How do you think that made Cain feel?

The Bible tells us that Cain was sad and angry. The Lord took one look at Cain's face and asked him, "Why are you so angry and why do you look dejected?" The Lord continued, saying, "You will be accepted if you do what is right. And if you don't do right, sin is lying in wait for you, ready to pounce; it's out to get you, you've got to master it."

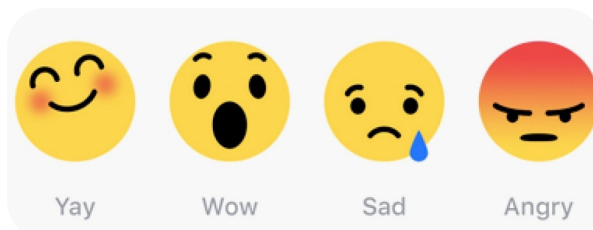
Do you think Cain took control of his anger?

No, he did not! The Bible tells us that some time later, Cain said to Abel, "Let's go out to the field." While they were in the field, Cain attacked his brother and killed him. Cain's anger had taken total control of his life.

God knew what Cain had done and he knew that Cain must be punished. "Your brother's blood is still on the ground. Your punishment is that nothing you plant in the ground will grow. You will just wander around the earth finding food wherever you can."

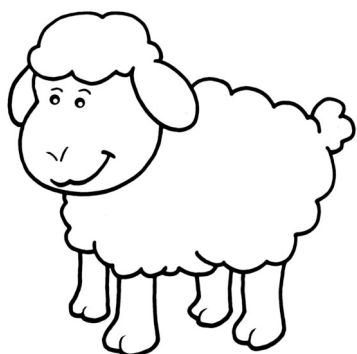
What can we learn from the story of Cain and Abel?

We can learn that disobeying God brings trouble and unhappiness. But if we obey God, we can be happy while we live on this earth. We should also take notice that even though Cain was punished for the wrong that he did, God still loved him and protected him. He would not allow others to harm Cain.



#### Let us Pray

Father, we want our life to be acceptable to you. Help us to let you be in control of our thoughts and actions so that our gifts will be pleasing in your sight. In Jesus' name we pray. Amen.



*May God's blessing surround you each day.*

*As we trust in and walk in his way;*

*May His presence within,*

*Guard and keep us from sin;*

*Go in peace, go in joy, go in love.*