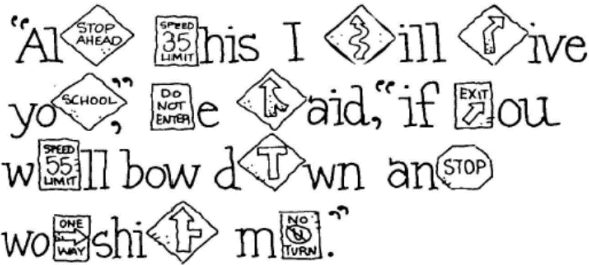


[illegible]

## A top-down view of a white plate, a silver fork, and a silver knife arranged on a wooden surface. The plate is centered, with the fork to its left and the knife to its right. The wooden surface has a visible grain pattern.

In Matthew 4:2 it says that while Jesus was in the wilderness, he “communed with God.” What do you to commune with God? How can you commune

How do you think the forty days of fasting and communing with God helped prepare Jesus to withstand temptation?



How did Satan first tempt Jesus? (Matthew 4:3)  
Why do you think this temptation might have been hard for him to withstand? (Matthew 4:2)  
How did Jesus answer Satan? What did Jesus 4:4)

What were the other ways Satan tempted Jesus? How did Jesus respond to these temptations? (Matthew 4:5-6, 8-9) How did Jesus respond to these temptations? (Matthew 4:7, 10.) Do you think these were the only times Christ was tempted? (Luke 4:13).



How did studying the scriptures help Jesus resist the temptations? (Matthew 4:4, 6–7, 10.)

What is Satan trying to do to each of us? (2 Nephi 2:18; 2 Nephi 28:20–22; D&C 10:27.)

How can Heavenly Father help you resist temptations? What can you do right now that will help you avoid future temptations?

What great promise has the Lord given us regarding our temptations? (1 Corinthians 10:13.)

*May God's blessing surround you each day.*

*As we trust Him and walk in His way;*

*May His presence within,*

*Guard and keep us from sin;*

*Go in peace, go in joy, go in love.*

**MINSTER BETHEL  
CONGREGATIONAL CHURCH  
(MBCC)**

29/03/2020

# Lent



# In the Wilderness

Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

Matthew 4:4

Good morning and welcome to this 2nd unprecedented church service.

Today we are going to be thinking about when Jesus was in the Wilderness. How do you think he felt?

I want us to think about the words in the song Seek Ye First. <https://www.youtube.com/watch?v=EsBpM9lcBts> either listen to the words or read/sing them.

Seek ye first the kingdom of God  
And His righteousness  
And all these things shall be added unto you  
Allelu, alleluia

**Man shall not live by bread alone  
But by every word  
That proceeds from the mouth of God  
Allelu, alleluia**

Ask and it shall be given unto you  
Seek and ye shall find  
Knock and the door shall be opened unto you  
Allelu, alleluia



Our reading/story today is taken from Matthew 4:1-11 (<https://www.youtube.com/watch?v=mc-x4qKY6Wc>):

## THE TEMPTING OF JESUS

*The Holy Spirit led Jesus into the desert to be tempted by the devil. Jesus had been fasting for 40 days and 40 nights so he was hungry. The devil said to Jesus, "If you are the Son of God, tell these stones to become bread."*

*Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"*

*Then the devil took Jesus to the highest point of the temple. He told Jesus to throw himself down because the angels would protect Him.*

*Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'"*

*Finally, the devil took Jesus to a very high mountain. The devil said, "All this I will give you if you bow down and worship me."*

*Jesus said to the devil, "Away from me, Satan! For it is written: 'Worship the Lord your God and serve him only.'"*

*Then the devil left Jesus and the angels came to take care of him. Jesus did not give into the devil's temptations.*



**We are truly in strange times, last week I was able to deliver to everyone. This week I have to post out. Next week I am hoping to email to all of you who use email. This social distancing made me think of the time when Jesus was led into the wilderness where he**

**spent 40 days and 40 nights with no food. A little worse than our situation. We are still in the time of Lent but I guess many of us have forgotten this with everything else. Have you still given up the chocolate? No, nor have I (but well done if you have)! But Jesus fasted for 40 days before resisting the devils temptations. I'm already to get out the house but as Jesus did I am called to resist that temptation and enjoy all the wonders this time gives us. A time to reflect, a time to put things in perspective, a time to appreciate the things we often moan about like going to school or work. These may be strange times but let's seek the positives and make the best of what we have.**

### Let us Pray:

Thank you God that Jesus always said NO to Satan and his ways, and YES to you and your ways in times of temptation. Help us to always say yes to you and to have the courage to say NO! to Satan and his ways that so often lead us into danger.

Amen

